

2nd Annual Law Enforcements United Crusade Against Suicide



POLAR PLUNGE

IN HONOR AND MEMORY OF LUCAS HENRY SIZEMORE

SATURDAY, FEBRUARY 22, 2025 AT 8:00AM

PARTICIPATE ❄️ ❄️ ❄️ ATTEND ❄️ ❄️ ❄️ DONATE

Sunrise Park: Grosse Ile, Michigan
(Crossroads of Grosse Ile Parkway and East River Drive)

BREAKFAST ❄️ ❄️ ❄️ COCKTAILS ❄️ ❄️ ❄️ RAFFLES

Immediately following at VFW Post #7310
8840 Macomb Rd, Grosse Ile, Michigan

WANT TO PARTICIPATE IN THIS EVENT?

All participants must sign a waiver to be able to participate. Waiver can be found on website (scan the QR Code at the bottom of this flyer) or will be provided the day of the plunge.

WANT CONTRIBUTE TO THIS EVENT?

We are seeking raffle donations for this event. Looking to help? Please reach out and contact Jocelyn Shelton at (313)598-5291 OR Kirsten Labadie at (734)-552-2430 for more information.

The LUCAS Foundation

To learn more:

[L](#)ALW ENFORCEMENTS UNITED CRUSADE AGAINST SUICIDE



Use this QR to our website

The LUCAS Foundation is a non-profit organization that will provide access to suicide prevention—specifically targeting our American law enforcement officers. We hope to make an impact and erase the stigma of asking for mental health assistance. Proceeds go to raise awareness and help prevent suicide amongst our law enforcement officers.



The LUCAS Foundation is an IRS Certified 501c3 Charity